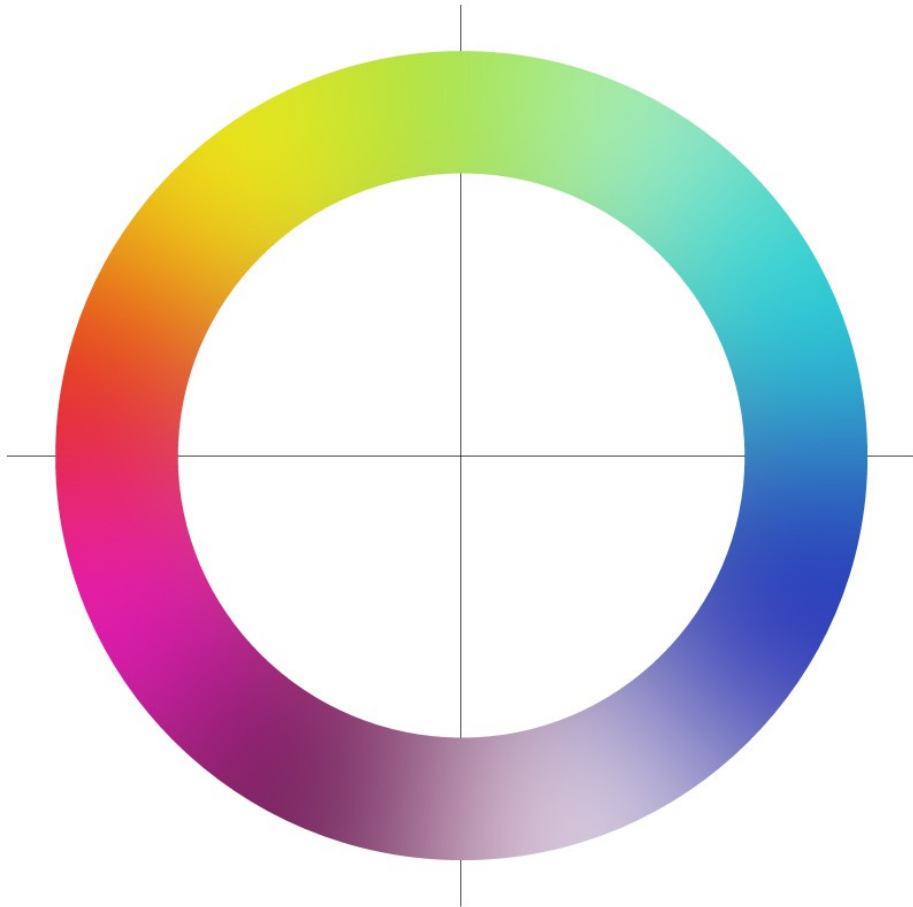


# **THE MASCULINE MAN!**

The meaning of the Colors



First edition 01.01.2015 by David Fonsbo.

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If you are on any kind of medication consult your doctor before using the contents of this manual.

In short: Use your common sense and your brain.  
You are encouraged to print this book for easy reading.

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## Introduction

This is a brief introduction with examples and issues that relationships can face depending which stage the partners are on and which combination of colors they have.

This can also be found on [www.TheMasculineMan.com](http://www.TheMasculineMan.com)

“Integral Relationships” ... means something like Integrated Relationships, whole relationships or healing relationships. Relationships where we are working towards wholeness. This book is about understanding women – by learning to understand your self. Here are some models we as men love to study to make all the theories match our worldviews. One of the models which in particular has explained the difficulties of relationships, is the Compatibility Matrix by Martin Ucik.

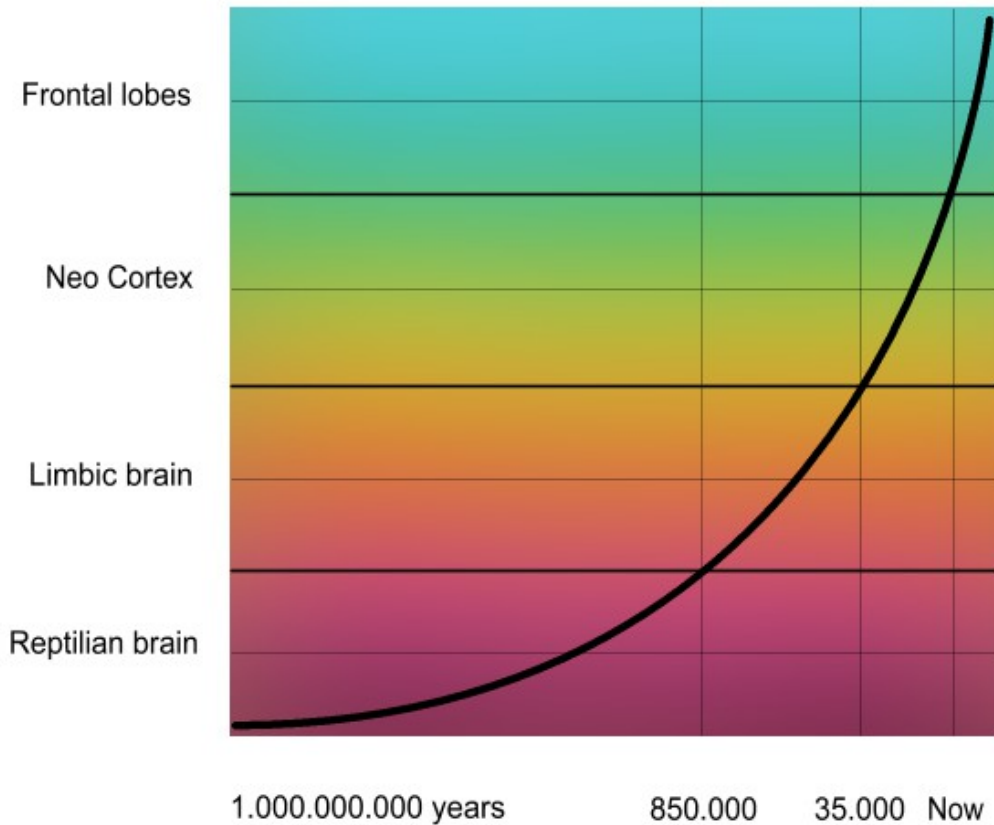
It is important to find partners on the same stage as we are. We can be at more than one stage at a time, but one will be dominating.

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## Tiers of Consciousness in color



We know that evolution is a series of stages. We also know that human beings undergoes these stages and that there are similarities in evolutionary stages and personal development stages.

Life started as one celled amoebas in the primordial soup just as we started life as one celled creatures in the womb swimming in water. We transitioned from fish millions of years ago to amphibians and crawled ashore and left the water behind, just as when we are born. Later we became four legged animals and eventually

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we stood up as monkeys just as we are starting life crawling on four legs and later on learn to walk on our two legs.

In the Compatibility Matrix you can find out if you and your partner are on the same developmental stage as you and you can learn about the challenges and characteristics of each level and spot the areas you don't match.

When we reach a certain stage we normally also master the stages below. Look at the illustrations below.

**Infrared stage** is all about survival. Life and death. It is Me vs. You. Here you are either the victim or the executioner. Healthy relationships are impossible. Less than 1% of US grown up population is in this group.

**Magenta stage** is all about instincts, but also the magical and superstitious – safety/danger – fight/flight. Me vs. You. Approximately 10% of US grown up population is in this group.

**Red stage** is called the egocentric stage. It is about power and control – good/bad – us vs. them. Red energy can be spontaneous, unrestrained, carefree, and alive. Red relationships has low moral standards. They are short and infidelity is common. Approximately 20% of US grown up population is in this group.

**Amber stage** also called the mythic stage is all about right/wrong. Controlled by beliefs. Law and order. Rules and conventions. Behaviour and reward systems. (Mr. Nice Guy has an issue here). Amber relationships are very much like our grandparents marriages, gender specific and often life-long. Approximately 40% of US grown up population is in this group.

**Orange stage** also called the rational stage. Win/lose. Personal freedom and material wealth. Only facts counts. Orange men are often good providers, but do not want to develop. Orange women are very independent and they have a hard time finding a 'good man'. Many Orange women have become so masculine that men are not interested in them any more. Men try to be better providers due to fierce competition. Approximately 25% of US grown up population is in this group.

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**Green stage** makes men soft and women hard. Green women has become masculine and Green men has become feminine. Green relationships have a hard time. Green women will due to lack of sufficiently developed men, find a Red/Amber or Orange man because he has the power to sweep her off her feet – for a short time... Approximately 10% of US grown up population is in this group.

**Teal stage** is a change from 1. tier consciousness to 2. tier consciousness. From divided to whole. When women become Teal they open again to men and this time to men that is more awake as men. Only few people are Teal so it is hard to find partners at this stage, but in general people do not panik over details like that. Less than 3% of US grown up population is in this group.

**Turquoise stage** is transpersonal. People at this level live in accordance with their purpose. Love is essential and sexual energies flows through both body, heart and through the path they walk towards purpose. Conflicts are development. Transpersonal experiences are real. Ie. the ego structure is on standby and something bigger has taken over, starting with short periods, later on longer periods. Less than 1% of US grown up population is in this group.

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## Two tiers of Consciousness

The colours are divided into 2 groups which describes 2 different operating modes of consciousness in being, thinking, feeling and acting.

The lower six stages are called 1. tier consciousness and the upper two stages are called 2. tier consciousness.

### **1. Tier consciousness (divided consciousness): Infrared, Magenta, Red, Amber, Orange and Green.**

This group of people have only partially developed their consciousness. This means they are divided into what they believe they are and what they believe they are not. This results in indifference, projection, denial, and placing guilt outside one self. Our male leaders are Orange and our female leaders are Orange and Green.

Infidelity is very present in 1. tier consciousness. Mostly at the lower stages and much less at Green stage.

### **1. Tier consciousness (non divided consciousness): Teal and Turquoise.**

This group of people has been through all the levels which means all major parts of their unconsciousness has surfaced. They are healed to a greater extent than the first group. These people know themselves a lot better and tend to become more responsible. These people work, think, and feel in a greater interest than on a personal level. They are not controlled by the Shadow (fear or anxiety). Our future leaders will emerge from these levels. People on these levels are often accused of being naive as their values and moral comes directly from the heart, but when we look at where these accusations comes from – Red, Amber, Orange and Green, it becomes clear that these people does not know what they are talking about as they have no or only little contact with the Teal level – The Heart. Instead of raising them selves to the next level, they are trying to pull the next level down to where they are and then the greater qualities are lost! You have to grow to learn. So who is naive here?

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## The stages

### 1. Infrared – Instinctive

**Sexuality:** Survival. The mans main contribution to evolution is semen.

Falling in love/turning on: Instinctively lust based on the reptilian brains ability to determine the immune defense of the partner based on pheromones. If the partner has an immune defense that is very different from ones own they will experience a lot of attraction. If the partner has an immun defense identically to ones own they will not experience attraction.

**Strengths:** Great instincts.

**Weaknesses:** Pure survival, exploitation of each other.

**Examples:** Selfcentreded, lustbased, me, me and me..

**Psychological age:** Conception → 1 yr.

**Evolutionary level:** Infrared level started approximately 50.000 years ago.

**Most active brain:** The reptilian brain.

**Values:** Survival.

**Needs:** food, water, warmth, sex, and safety.

**Motivation:** Driven by instincts.

**Other characteristics:** Life/death. If this is the only level developed it corresponds to Alzheimers.

Approximately 1% of US adult population.

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## 2. Magenta – Instinctive – Magical

**Sexuality:** Survival and genetically immortality are the biggest factors in red sexuality. Completely unconscious of course.

**Falling in love/turning on:** Instinctively lust – chemistry!

**Strengths:** Sharp senses, close contact to nature, supernatural powers.

**Weaknesses:** Excessive worship of holy places, rituals, spirits.

**Examples:** Clans, street gangs, sportsteams, cults, tribes, shamans.

**Psychological age:** 1 -2 yrs.

**Evolutionary level:** 10.000 to 50.000 years ago.

**Most active brain:** Reptilian brain.

**Values:** Survival

**Needs:** Safety and security through groups/tribes.

**Motivation:** Driven by instincts.

**Other characteristics:** Safety/danger. Survival based on groups, tribes and families. Fight/flight.

Approximately 1% of US adult population.

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## 3. Red – Egocentered

**Sexuality:** Sex is used to get temporary relief.

**Falling in love/turning on:** Very projective. Happiness is dependent on a partner. You first see your positive projections in a partner, later on also the negative. The partner is expected to bring happiness! Infatuation! People talk about 'connection' when they unconsciously make this deal regarding mutual satisfaction of needs. This is the bad boy/nice girl stage.

**Strengths:** Power, independence, autonomy – often too much. Creativity, spontaneity, innovation, originality, emotional, carefree, alive, dominant.

**Weaknesses:** Stubbornness, control. Quick satisfaction through sex, drugs, alcohol, shopping, gambling. Street gangs, narcissism, pimp/whore relation. Short-term actions.

**Examples:** Rambo, Terminator, Hitler.

**Psychological age:** 1-3 yrs – mom and dad are supposed to make me feel accepted.

**Evolutionary level:** 5.000-10.000 years ago.

**Most active brain:** Limbic brain.

**Values:** Ego, Power and action.

**Motivation:** Driven by unconscious needs.

**Other characteristics:** Good/bad. The Red world is a jungle and only the strongest (most fit!) survives.

Approximately 20% of US adult population.

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## 4. Amber – Mythic

**Sexuality:** Dominance/dominated. Passion.

**Falling in love/turning on:** Her: Romantic. The collective princess dream (4-15 yr. age) about Prince Charming. He has to sweep her off her feet, take her by storm. Bad Boy Alpha male and dominant. Woman = innocent/shy.

**Strengths:** Stability, security, order, organisation.

**Weaknesses:** Dogmatic, intolerant, oppressive, irrational.

**Examples:** Columbus. Conqueror or gang leader. Hierarchical structures such as military, government, patriarchal family structures and many businesses.

**Psychological age:** Approximately 4-15 yr.

**Evolutionary level:** Started approximately 5000 years ago.

**Most active brain:** Limbic brain.

**Values:** Family structures, party structures, stability, purpose, fundamentalist churches, hierarchy, law and order.

**Motivation:** Driven by unconscious needs.

**Other characteristics:** True/false.

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## 5. Orange – Rational

**Sexuality:** Traditional (boring I might add) sex.

**Falling in love/turning on:** Orange has more common sense which balances emotions and instincts. Man: Provider. Woman: Also provider. Women are getting more masculine. Women usually need sex before opening and falling in love.

**Strengths:** Efficiency, positive thinking, visionary, strategic planning, innovation, facts. Objectives are more long-term. Orange men are popular. Their Facebook wall are filled with posts from men as well as women. Happy days and love to party, but can't handle bad days. Often very well paid jobs. Orange man is often center of the party. He is the one buying drinks to his friends. He is generous, because he needs friends around him. If a woman becomes emotional he wouldn't know what to do.

**Weaknesses:** The end justifies the means, Orange can be cold-hearted. Does not want to appear weak. Does not understand the feminine. Orange men does not voluntarily evolve to Green because that means no more masculine power, no more popularity and probably much lower income because of lower power. The transition to Green is more difficult than between the other stages because he goes from masculine to feminine. Most male politicians are Orange. Does usually not care much about people outside his circles.

**Examples:** Bill Gates, Einstein, Donald Trump, Obama. Wall Street, fashion industry.

**Psychological age:** Approximately 15-25 yr.

**Evolutionary level:** Started approximately 300 years ago.

**Most active brain:** The cerebrum – Neo Cortex.

**Values:** The possibilities are endless, success, autonomy, the individual is at the center.

**Motivation:** Driven by control.

**Other characteristics:** Win/lose. Competitive and willing to take risks. Primarily interested in their own success and gains.

Approximately 25% of US adult population.

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## 6. Green – Pluralistic

**Sexuality:** As men has become feminine and women has become masculine, here are some big challenges. Commitment – You expect and demand fidelity. Impotence, erectile dysfunction, præmature ejaculation are challenges for Green men. It will most likely pass when he transcends to Teal. Green men can feel castrated by women as they very often will be more masculine than him. Green man is learning what feminity is which means he will become more sensitive and a much better lover! Much better than Orange, Amber and Red. Green women will often be prisoners of their mind during sex – thinking too much. They can have a hard time being present in the body.

**Falling in love/turning on:** Green men has a big capacity for love, it is easy to fall in love head over heels, but they will most likely not be powerful enough to do something about it. Green men tend to ‘fall a sleep’ in relationships. Many Green men have the same dream as Amber woman: To be “swept off their feet”. Women usually need sex before opening and falling in love.

**Strengths:** Affection, care, idealism, sensitivity.

**Weaknesses:** Arrogance, less grounded.

**Examples:** GreenPeace, Amnesty International, Doctors without borders.

**Psychological age:** Midlife (Lebenswende).

**Evolutionary level:** Started approximately 100 years ago but peaked in the sixties during the women’s movement.

**Most active brain:** The cerebrum – Neo Cortex.

**Values:** Animal welfare, environment, ecology, freedom, equality, brotherhood, humanism.

**Motivation:** Driven by need to be whole which leads to identity confusion.

**Other characteristics:** Sensitive/indifferent.

Approximately 10% of US adult population.

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## 7. Teal – Integral

**Sexuality:** Starting experimenting tantric relations.

**Forelskelse/tænding:** Can be deep and overwhelming, but the masculine counter weight can handle it. Presence and purpose. More realistic.

**Falling in love/turning on:** Heart and Presence.

**Strengths:** Selfimprovement, emerging self-awareness, can easily connect to all other 'colors'. Breaking all the self-created dramas.

**Weaknesses:** Easily feel alone.

**Examples:** People who have taken selfimprovement and meditation seriously for a long time.

**Psychological age:** From Approximately 35-45.

**Evolutionary level:** Started in the seventies.

**Most active brain:** The Fourth Brain – The frontal lobes.

**Values:** Love, community, heart, compassion, affection, dedication, friendliness, gratefulness, responsibility, flexibility, spontaneity.

**Motivation:** Driven by hearts desire.

**Other characteristics:** Integral/partial. The lower six colors are characterized by separation and division. Teal is the first stage characterized by wholeness. Teal understands the value of taking responsibility for ones own projections and thus become more whole human beings.

<3% of US adult population.

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## 8. Turquoise – Transpersonal

**Sexuality:** Advanced tantra. Energy is recycled in the body and channeled into spirituality and transformed to love. Mans contribution to evolution is his purpose.

**Falling in love/turning on:** Presence and purpose.

**Strengths:** Freedom, wisdom, unprejudiced, accept, proactive, insight, unattachment. Wholeness is in focus in stead of ego.

**Weaknesses:** Inflation!

Examples: Dalai Lama, Ken Wilber

**Psychological age:** +45

**Evolutionary level:** Starting now.

**Most active brain:** All the brains.

**Values:** Existential freedom, wholeness.

**Motivation:** Driven by purpose.

**Other characteristics:** Wisdom, compassion, global harmony, renewal, holistic, everything is connected. Being as well as doing, Much more realism.

Approximately 1% of US adult population.

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## Compatibility Matrix

Female Male	Infrared	Magenta	Red	Amber	Orange	Green	Teal	Turquoise
Turquoise	Caretaker/ Dependant	Caretaker/ Dependant Magic-Connection	No Partnership	Friendship	Mentor/ Friendship/ Lovers	Mentor/ Friendship/ Lovers	Co-Creation/ Opposites	Inter-Being
Teal	Caretaker/ Dependant	Caretaker/ Dependant	No Partnership	Friendship	Mentor/ Friendship/ Lovers	Mentor/ Friendship/ Lovers	Co-Creation/ Opposites and Equals	Co-Creation/ Opposites
Green	Caretaker/ Dependant	Caretaker/ Dependant	Frustration	No Partnership	Confusion Frustration Divorce	Fem./mask. Role Reversal Divorce	Mentor/ Friendship/ Lovers	Mentor/ Friendship/ Lovers
Orange	Caretaker/ Dependant	No Partnership	Trophy Wife/ Boy Toy	Opposites/ Not Equals Divorce	Independence Equals/Not Opposites Divorce	Confusion Frustration Divorce	Mentor/ Friendship/ Lovers	Mentor/ Friendship/ Lovers
Amber	Caretaker/ Dependant	No Partnership	Frustration/ Divorce	Co-Creation/ Opposites Not Equals	Opposites/ Not Equals Divorce	No Partnership	Friendship	Friendship
Red	No Relationship	Red abuse of Magenta	Codependence Marry-Divorce Cycle	Frustration/ Divorce	Trophy Wife/ Boy Toy	Frustration	No Partnership	No Partnership
Magenta	Survival-Bond	Survival-Bond	Red abuse of Magenta	No Partnership	No Partnership	Caretaker/ Dependant	Caretaker/ Dependant	Caretaker/ Dependant Magic-Connector
Infrared	Survival-Bond	Survival-Bond	No Relationship	Caretaker/ Dependant	Caretaker/ Dependant	Caretaker/ Dependant	Caretaker/ Dependant	Caretaker/ Dependant

In this Compatibility Matrix by Martin Ucik, you can check if you match your partner.

It seems that people have a tendency to rate themselves higher than they really are so ask your friends what they think. Asking others keeps you from getting inflated ideas about your self.

Note that colors from Infrared to Green represents relationships which are difficult, impossible, unrealistic or uninteresting. Only the four upper right squares represents balanced relationships. 4 out of 64! Also note that Alpha males get their power at Red, Amber and Orange stage and beta males have their focus on Green stage

Alpha females are Orange or Green. Beta females are Red or Amber.

If you know which color you and your partner are click on your combination and read more about your particular relationship. Below are the colors/levels

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described in general terms. Note that this is an evolutionary model and if you are mostly Green you normally master the levels below where as the higher levels still are unconscious.

It is possible though to have lower levels that aren't fully up to date. E. G. green men need to work a lot on the Red level at some point to get their power back in order to rise to the Teal level. Green women are missing their female power from the Red or the Amber level – if they dream about being taken by a prince on a white steed or being blown away by a powerful, handsome man – which only a Red alpha male can do, they need to wake more up to the Orange level and learn to be realistic in order to rise to the Teal level.

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## Color Combinations

When you know the color of you and your partner, you can read more about your particular combination here. Remember that longterm relationships in general are impossible if there are more than one stage between you and your partner.

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## Infrared Man and Turquoise Woman

No relationship only Caretaker/Dependant relationship.

## Infrared Man and Teal Woman

No relationship only Caretaker/Dependant relationship.

## Infrared Man and Green Woman

No relationship only Caretaker/Dependant relationship.

## Infrared Man and Orange Woman

No relationship only Caretaker/Dependant relationship.

## Infrared Man and Amber Woman

No relationship only Caretaker/Dependant relationship.

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## Infrared Man and Red Woman

No relationship.

## Infrared Man and Magenta Woman

Virtually only sex, but able to bond. Pure survival.

## Infrared Man and Infrared Woman

Only sex. Healthy relationship doesn't exist. Pure survival.

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## Magenta Man and Turquoise Woman

No partnership only Caretaker/Dependant relationship. Turquoise Woman knows this is not a good match. The distance is to great. The Magenta Man is trapped in his beliefs which makes an authentic relationship impossible.

## Magenta Man and Teal Woman

No relationship only Caretaker/Dependant relationship.

## Magenta Man and Green Woman

No relationship only Caretaker/Dependant relationship.

## Magenta Man and Orange Woman

No partnership. Orange woman is very masculine and the distance to Magenta man is too long.

## Magenta Man and Amber Woman

No partnership.

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## Magenta Man and Red Woman

The Red woman is only in a relationship with a Magenta Man to cover her needs. The Magenta Man is not bright enough to realize that he most likely are being used.

## Magenta Man and Magenta Woman

Able to create relationship to cover basic needs. Pure survival.

## Magenta Man and Infrared Woman

Virtually only sex, but able to bond. Pure survival. Magenta men usually take advantage of Infrared women for sex.

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## Red Man and Turquoise Woman

No partnership. Turquoise woman knows this is not a match - even though Red man is very powerful and able to sweep her off her feet. She won't be able to open fully to a Red man. She wants more than that.

## Red Man and Teal Woman

No partnership. Red man is an Alpha male who does not yet know his Anima. He might be able to get her if she has an embedding on Red or Amber and she realizes that it is hard to find a better match. In that case it will only be a short sexual relation that will teach her what not to do. It will not be a balanced relation as the man is emotionally and mentally way behind her. She will most likely chose not to go into a relation to save both him and her some trouble. Also he is an alpha male who does not go into deep relationships. If the woman is pure Teal she will never go into a relationship with a Red man.

## Red Man and Green Woman

Red Man and Green Woman is a very masculine combination which easily turns into fights and struggle. Both are Alpha's and need to be right. Green Woman will find it difficult to let go of her masculinity and be present in her feminine essence. She will have a hard time finding a man that can handle her. If Red (and Amber and Orange) man is more masculine than Green Woman it might have a chance. At least for a short time. These men have the power to sweep her off her feet for some time.

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## Red Man and Orange Woman

This combination is a little off balance as both parts are very masculine. This is no hindrance for having sex.

Orange woman often like Boy Toys. Ie. Red men she can use as sex partners only. She consider men just as independent as her self. She values men as competent colleagues but not as romantic partners.

Orange women are often very active and extroverted exactly like Red men.

## Red Man and Amber Woman

Amber woman will most likely be frustrated with Red man as he is an unstable Alpha male which needs to go on to the next woman. Also he is emotionally behind Amber woman. They will probably not understand each others emotions.

## Red Man and Red Woman

Red Man and Red Woman This is the perfect half man half woman relationship. They need each other and are very codependent. He is an alpha male and sh is a beta female. Perfect sexual match but a terrible emotional and mental match. She has a lot of emotions and he can't understand them. He is a man of action and she is a woman of emotions. Typical Bad Boy/Nice Girl

Red man has a lot of power, but wants coverage for his needs. His goals are short-term. Give him enough rope and he will hang himself. She depends on him as she needs a provider.

This relationship has low moral standards and infidelity is common to both sides.

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## Red Man and Magenta Woman

The Red man only has a relation to a Magenta woman to cover his needs. Magenta woman is not present enough to realize that he most likely takes advantage of her.

## Red Man and Infrared Woman

Only sex. Red men can take advantage of Infrared women for sex. A healthy relationship is not possible and under all circumstances very short.

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## Amber Man and Turquoise Woman

No partnership, only friendship. This would be a very unbalanced match which The Turquoise Woman knows. He will not be interested in selfimprovement and she will know that none of them will learn anything from a relationship. A friendship is very possible but in a close relationship the mans world would be very provoked. His instincts will tell him that this could be potentially dangerous and she has common sense enough to avoid a relationship.

## Amber Man and Teal Woman

No partnership, only friendship. Teal woman will learn after a few of these relationships that this is not a great match. He will most likely not be interested in self improvement and she knows that she needs to aim higher. Friendship is possible, but in a close relation the mans worldview which isn't totally precise, will get provoked. On the instinctive level he knows this (but he might try to get laid anyway) and she probably knows more consciously. The Amber mans fear of loosing control (damage on his worldview) will keep him out of the relationship - except maybe - and only maybe for a shorter sexual encounter. Even better if the Teal woman has an embedding at Amber, but still only short term sexual relation. She will not be able to open fully to an Amber man.

## Amber Man and Green Woman

The Green woman probably has more masculinity than the Amber man who can be a little dreaming and a lot unrealistic. There could easily be fights based on which worldview is the correct one. Both are vere independent, it would be very frustrating for both of them and they will sense this very soon. They will most

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likely not even get attracted to each other.

## **Amber Man and Orange Woman**

Orange woman has grown from a relation where she was the female and where some degree of stability and order was in place. All the activities in her life has slowly made her more masculine (Orange) and this is a danger to the relationship as both parts are masculine and extroverted which can create conflicts especially in the area of sexuality where she might have problems letting go of her masculinity. This will be an unequal relationship and the end will be visible sooner than later.

## **Amber Man and Amber Woman**

A relationship almost like our grandparents where the man is the provider and the woman is housewife and supportive in his job or business. As long as both are Amber everything should work out even though they can be very different. Children in the home could make the woman more masculine and start becoming Orange, which is dangerous. The man naturally will also become Orange in time. As long as they both are Amber (order, security and stability) everything should work out.

## **Amber Man and Red Woman**

Red woman will get frustrated with Amber man. He is an Alpha male and not very stable. He needs to move on to the next woman. Short term relationships.

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Amber Man and Magenta Woman

No partnership.

Amber Man and Infrared woman

No relationship only Caretaker/Dependant relationship.

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## Orange Man and Turquoise Woman

This combination is somewhat functioning. Turquoise woman will be able to function as a mentor for Orange man and he will have something good to look up to - if he recognizes higher stages of development. The reverse constellation would have been better, but these two are perfectly able to maintain a temporarily mentor/lover/friendship relation which can benefit the man in particular, if he wants too.

The work will be focussed on raising him a few levels, which can be tough as his next level is Green and feminine and this transition is not necessarily easy. Orange man demands a woman who is feminine which Turquoise woman master.

Otherwise he will have a hard time being a man. Only a Teal or Tourquoise woman would be able to help him in his transition through Green - if he is ready!

## Orange Man and Teal Woman

This combination is somewhat functioning. Teal woman will be able to function as a mentor for Orange man and he will have something good to look up to - if he recognizes higher stages of development. The reverse constellation would have been better, but these two are perfectly able to maintain a temporarily mentor/lover/friend relation which can benefit the man in particular, if he wants to.

Many women would not be interested in being mentor for the man - especially not if he is going to Green and becomes soft. And many Orange men does not recognize higher stages anyway.

The work will be focussed on raising him a few levels which can be tough as his next level is Green and feminine and this transition is not necessarily easy. Orange man demands a woman who are feminine which Teal woman master. Otherwise

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he will have a hard time being a man. Only a Teal or Tourquoise woman would be able to help him in his transition through Green.

Almost no Orange men has the guts to continue to Green because this leap to is gigantic. He has to say goodbye to his masculine power to become feminine and who would do this voluntarily? Orange men often try to maintain Orange for the rest of their lives.

This leap is dangerous to his masculinity and midlifecrisis is almost inevitable if he should evolve to Green.

Teal woman can not in any way connect to his heart and his emotions as he hasn't been there yet and that would be unsatisfying for her in the long run. Sexually he does not understand Teal woman as he has not experienced his own femininity on Green level. He can't provide the emotional security she demands. She needs to open her heart fully and sex in the long run could be boring for her. She will most likely get stuck in her brain and think that something is wrong with her - and there is nothing he can do about it. He just doesn't match her.

Nature/evolution will have to force this man to go on through midlifecrisis. Orange man demands a woman who can be fully present in her femininity, which Teal woman can, otherwise he can't feel like a man. Teal woman possess all the feminine values of a Red/Amber woman which he will mistake as a Red/Amber woman, but she also possesses a lot more than that and he will not be able to match that. Orange man has to revise his world view and Teal woman would be a perfect teacher in this process. Orange man has to transition through Green and only a highly developed woman can handle this, but probably not in the long run. She will only stay in the relation, which would be mostly sexual until she finds a better match. This relation is perfect for friends with benefits, common experiences (travels, vacations etc.) and mentoring but not much more.

## Orange Man and Green Woman

Both parts are very mental (intellectual) and strong (masculine). Green woman will threaten Orange man which easily will lose the battles that circles around

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their world views. Both parts need to be right!

The relationship will be dysfunctional as the understanding of the partners worldview is not present until both parts enter Teal.

The way Green women rise to Teal is to date a number of Red, Amber and Orange men. They have the power to sweep her off her feet, but because of their alpha attributes they have to go on to the next woman. And so they will as soon as the relationship becomes too problematic. Orange man and Green woman is a bad cocktail and the relationship will be short and loud!

## **Orange Man and Orange Woman**

Both parts are very strong and masculine. Orange woman will ascend to Green faster than Orange man and he will be the loser in the fights which circles around their world views. They are both very independent. The relationship might be great in the beginning but not in the long run.

## **Orange Man and Amber Woman**

Orange man has become more logical which can be a great advantage. Orange man is an alpha male and thus not very stable. It would be fatal if the woman develops to Orange. This would almost certainly lead to break up.

## **Orange Man and Red Woman**

Orange men often like trophies and Red woman is the perfect trophy. Red women are easy to 'pick up' and he will use her primarily as a sex partner and a show off. Orange man wants and needs success. He regards women as independent beings

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(which Red woman is not). He values them as competent colleagues, but not as romantic partners.

Orange men are often extroverted and active. Red women are often very feminine and introverted.

## Orange Man and Infrared woman

No relationship only Caretaker/Dependant relationship.

## Orange Man and Magenta Woman

No Partnership.

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## Green Man and Turquoise Woman

This combination is relatively functioning - even though the reverse constellation would have been better. The woman at the Turquoise stage could act as mentor to the man at the Green stage and he will have something genuine to look up to. The challenge is to lift the man to teal and Turquoise. He has to regain his power primarily from the red level, which he has parked there while he was passing through the green stage. It is essentially that force who lifts him to the next level. The Turquoise woman can lift her self by being his mentor.

This combination is perfect for lovers, friendship and mentoring.

## Green Man and Teal Woman

This combination is relatively functioning - even though the reverse constellation would have been better. The woman at the Teal stage could act as mentor to the man at the Green stage and he will have something genuine to look up to. The challenge is to lift the man to Teal and Turquoise. He has to regain his power primarily from the Red level, which he has parked there while he was passing through the green stage. It is essentially that force who lifts him to the next level. The Turquoise woman can lift her self by being his mentor.

This combination is perfect for lovers, friendship and mentoring.

## Green Man and Green Woman

Women at Green stage are very masculine and can do everything themselves (there are no good men out there!) and men are soft and feminine. Green men need to go back to Red and get reconnected to the power they left behind in order

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to rise to Teal stage and again become masculine - but in balance with the feminine from Green.

Green women has a lot of power. If she wants a partner he has to be more masculine than themselves and that could be hard to find. Thus they tend to get bitter about the lack of good men! Green woman will often go with Red, Amber and especially Orange men instead.

Green men can sometimes get attracted to Green women, but they lack the power to sweep her off her feet. As a result Green women find it difficult to respect men.

If a relationship is established it would be problematic and it would probably not last. When reality kicks in after 3-4 months huge amounts of frustrations can appear because the swapping of gender roles. But often these relationships will never even get started because women does not respect a man who is a woman.

The man has to get his power from the Red stage back at some point, get direction in his life and find purpose and the woman has to learn to relax deep in to her feminine sides again and accept things for what they are.

## **Green Man and Orange Woman**

Both parts are very mental (intellectual) and strong (masculine). Orange woman is very masculine and she vil threaten green man which easily will lose the battles that circles around their world wiefs. Both parts need to be right! But the woman will most likely win because she is the strongest. The relationship vil be dysfunctional as the understanding of the partners worldview is not present until both parts enter Teal.

Green man should take Orange as an opportunity to rise to Teal as she will challenge him to rise through the power struggles. The man has to find his masculinity and power which he left behind on Red stage. And if the relationship hasn't stopped before he reaches Teal, he could become her mentor as Teal man.

The Green man needs to experience that relationships doesn't work well at green

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stage because he lacks his power.

## Green Man and Amber Woman

Green man and Amber woman is almost like to women together. She would never go with a Green soft man. He might be fascinated by her femininity but would probably not be able to mobilize the power needed to sweep her off her feet.

## Green Man and Red Woman

Green Man and Red Woman are both very feminine. It will not mean much to the Green Man, but the Red woman needs a masculine man. She might as well be together with one of her girlfriends, if it were not for the sexual part, which the Green man is in the process of developing (the feminine side), which she might enjoy - as long as it lasts.

Red woman needs a masculine man (Red, Amber or Orange).

## Green Man and Magenta Woman

No relationship only Caretaker/Dependant relationship.

## Green Man and Infrared Woman

No relationship only Caretaker/Dependant relationship.

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## Teal Man and Turquoise Woman

A great combination which can be very developing. Partners are opposites and they can co-create a lot of good things together. This relationship can be very dynamic and harmonious. It won't be boring. If the man hasn't found his purpose in life this is his chance!

Teal man is open to learn from Turquoise woman and he has a lot of respect for her.

## Teal Man and Teal Woman

A great combination which can be very developing. Partners are opposites and equals and they can create a lot of good things together. This relationship can be very dynamic and harmonious. It won't be boring. The relationship has great opportunities for developing and creation and it is possible to co-create something sustainable which corresponds to both partners deeper values and purpose in life, and this is the stage where we talk about tantric experiences, meditation, art, real ethics, deep understanding and compassion.

## Teal Man and Green Woman

This combination is relatively functioning - even though the reverse constellation would have been better. The man at the Teal stage could act as mentor to the woman at the Green stage and she will have something genuine to look up to. The challenge is to lift the woman to Teal and the Teal man will be the perfect mentor. This combination is perfect for lovers, friendship and mentoring.

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## Teal Man and Orange Woman

Teal man will be able to function as a mentor for Orange woman and she will have something good to look up to “ if she recognizes higher stages of development. These two are perfectly able to maintain a temporarily mentor/lover/friendship relation which can benefit the woman in particular, if she wants to.

The challenge, which should not be that hard, is to raise the woman to Green and Teal. Orange woman needs a man who can sweep her off her legs. Teal can do that if he wants to, but Teal men are rare. She will probably go for Red, Amber and Orange men as she can't tell the difference and they will for sure sweep her off her legs. Since the woman is Orange (logic) and the Man is Teal she has a great opportunity to enter Green and Teal. She almost just has to decide to do it to enter Green and after that she needs to relax into her feminine sides again and to let go of control. She is lucky she has a Teal man at hand!

## Teal Man and Amber Woman

Would be a very odd match which the Teal man knows. She will probably not be interested in self development and he will know that there won't be much learning for any of them. A friendship is certainly not excluded, but in a close relationship Amber woman's worldview will be provoked and she would have to review her worldview which is based on unrealistic fantasies. She knows instinctively and he knows consciously and she will unconsciously fear the downfall of her world view.

This combination is perfect for friendship.

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## Teal Man and Red Woman

No partnership. Red woman is a soft introverted woman who has yet to get grips with her masculinity and extroverted sides. It will be easy for the Teal man to 'pick up' the Red woman, but he probably will not be interested. It would be an unbalanced relationship as the woman will be very much guided by her emotions and unconscious needs, and Teal man will probably protect both himself and the woman against unnecessary problems. There is a long distance between Teal man and Red woman.

## Teal Man and Magenta Woman

No relationship only Caretaker/Dependant relationship.

## Teal Man and Infrared Woman

No relationship only Caretaker/Dependant relationship.

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## Turquoise Man and Turquoise Woman.

Only few people are Turquoise. Very few! This stage is about transpersonality. You don't have an personal relationship to your qualities and skills. The ego structure is very loose and flexible and Turquoise people have direct experiences of something higher. Experiences where the ego has been on stand by.

Spirituality will be roughly as present as your body and you will know (not think) that there are even higher stages of consciousness that can't be accessed through the usual senses. One eperience could be the realization that we are all dependant of each other. Another could be that it is actually possible to really see that what you give is what you receive.

Relationships at this stage will relate to the entire world and try to live in harmony with other human beings.

## Turquoise Man and Teal Woman

A well functioning combination and it is very developing. Turquoise man can add a lot of creation which Teal woman will support as sh like to see her man as her teacher. The relationship is dynamic and won't be boring. They are opposites and co-creative.

## Turquoise Man and Green Woman

This combination is relatively functioning. The man at the Turquoise stage could act as mentor to the woman at the Green stage and she will have something genuine to look up to – if she is open to higher stages of development.

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The challenge is to lift the woman to Teal and Turquoise. A Green woman needs a man that is more masculine than her. Turquoise are, but they are extremely rare. She will probably go for Red, Amber and Orange men as she can't tell the difference and they will for sure sweep her off her legs. Since the woman is green (logic) and the Man is Turquoise she has a great opportunity to enter Teal and later Turquoise. She needs to relax into her feminine sides again and to let go of control. She is extremely lucky she has a Turquoise man at hand!

The Turquoise man can lift him self further by being her mentor.

This combination is perfect for lovers, friendship and mentoring.

## **Turquoise Man and Orange Woman**

This combination is somewhat functioning. Turquoise Man will be able to function as a mentor for Orange woman and she will have something good to look up to – if she recognizes higher stages of development.

These two are perfectly able to maintain a temporarily mentor/lover/friendship relation which can benefit the woman in particular, if she wants too.

The challenge, is to raise the woman to Green and Teal. Orange woman needs a man who can sweep her off her legs. Turquoise Man can do that if he wants to, but Turquoise Men are extremely rare. She will probably go for Red, Amber and Orange men as she can't tell the difference and they will for sure sweep her off her legs. Since the woman is Orange (logic) and the Man is Turquoise she has a great opportunity to enter Green and Teal. She almost just has to decide to do it to enter Green and after that she needs to relax into her feminine sides again and to let go of control. She is extremely lucky she has a Turquoise man at hand!

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## Turquoise Man and Amber Woman

Will be a very odd match and the Turquoise man knows this does not work. She will probably not be interested in selfdevelopment and he will know that there isn't much to learn for any of them. A friendship is certainly not excluded, but in a close relationship Amber woman's worldview which is based on unrealistic fantasies, will be provoked and this is not easy to deal with. She knows instinctively and he knows consciously and she will unconsciously fear the downfall of her world view.

## Turquoise Man and Infrared Woman

No relationship only Caretaker/Dependant relationship.

## Turquoise Man and Red woman

No partnership. Turquoise man knows this is not a match. Even though Red woman is very feminine and attractive. The distance is too big.

## Turquoise Man and Magenta Woman

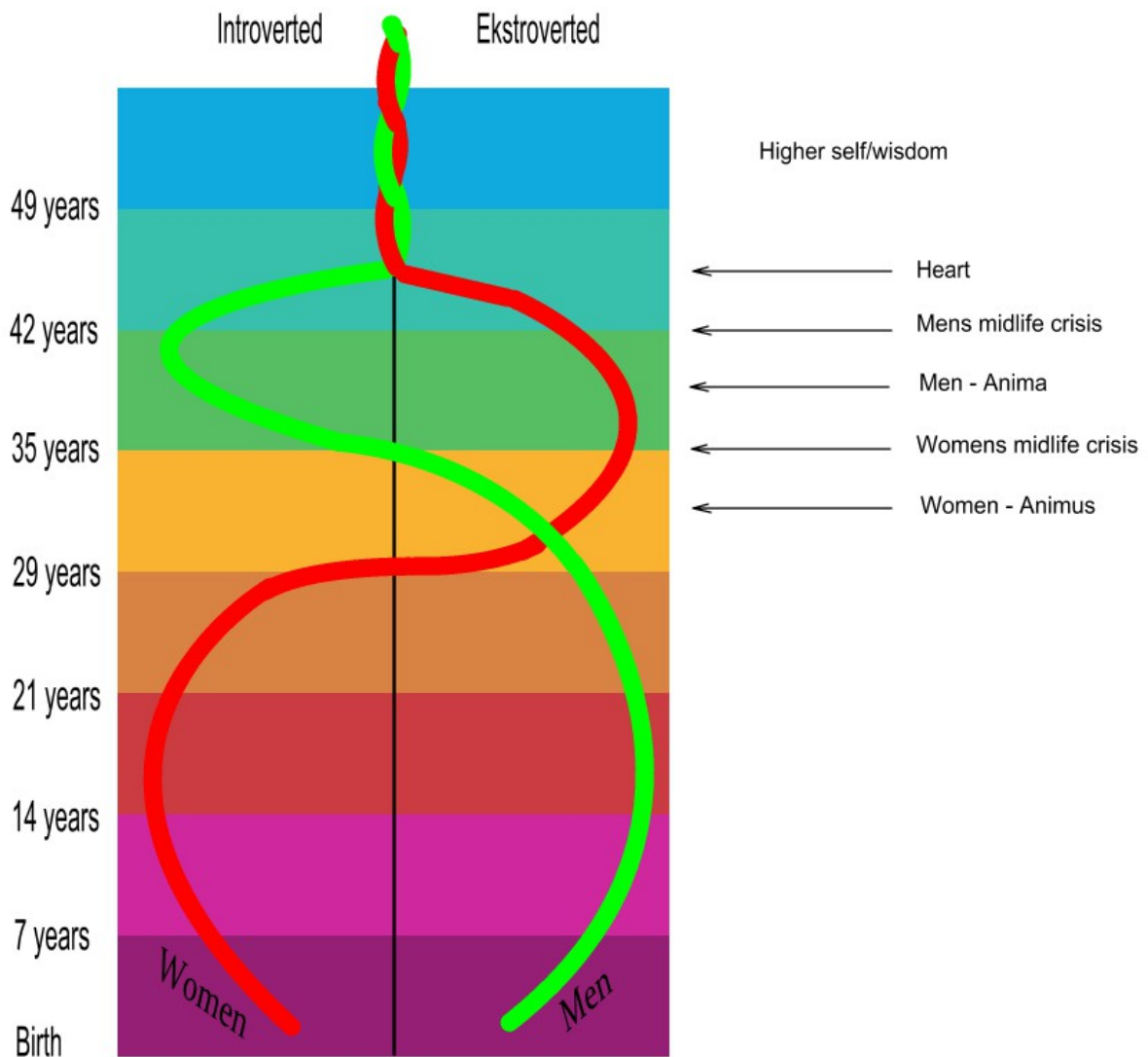
No relationship only Caretaker/Dependant relationship. Turquoise man knows that this is not a match. Even if Magenta woman is very feminin and attractive she has some serious issues. Magenta woman is trapped in beliefs that is unrealistic.

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## The Crisis



The first 35 years of our lives men are men and women are women. This is great as we got a perfect polarization between the partners. It is perfect for turning us on sexually. Then comes the midlife turn. This is a period where men has to learn about the feminine and women about the masculine. In order to become whole human beings. This is where we see the midlife crisis. For men it is usually in the beginning of the forties and for women it is usually in the mid thirties.

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All transitions from one color to the next is connected with crisis, but the biggest crisis is the midlife transition for men at Green stage and for women at Orange stage.

Women become masculine at Orange stage, but men wait until Green stage before entering the feminine. This is where the biggest of all crises arise – midlife crisis. This is part of evolution! And the Evolution wants you to go from being half a man to become whole! This is exactly what the midlifecrisis is about. You have to learn to see your self as a more complete being with full potential, full power, whole hearted, no wounds – only healed scars.

You can NEVER get the love you need from your partner. The only way to feel love's deepest bliss is to become whole! This begins at Teal stage. You no longer need to be loved. You rather want to give your love away! Because you have love in abundance!

If you want to find purpose you need to find your heart first. It is your heart that tells you which way to go – which choices to make.

**Do everything from your heart and if you can't feel your heart in your choices then you might want to reconsider your choice.**

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The End

If you have any questions don't hesitate to contact me:

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Mindfulness training

[www.MindfulnessAndMeditation.com](http://www.MindfulnessAndMeditation.com)

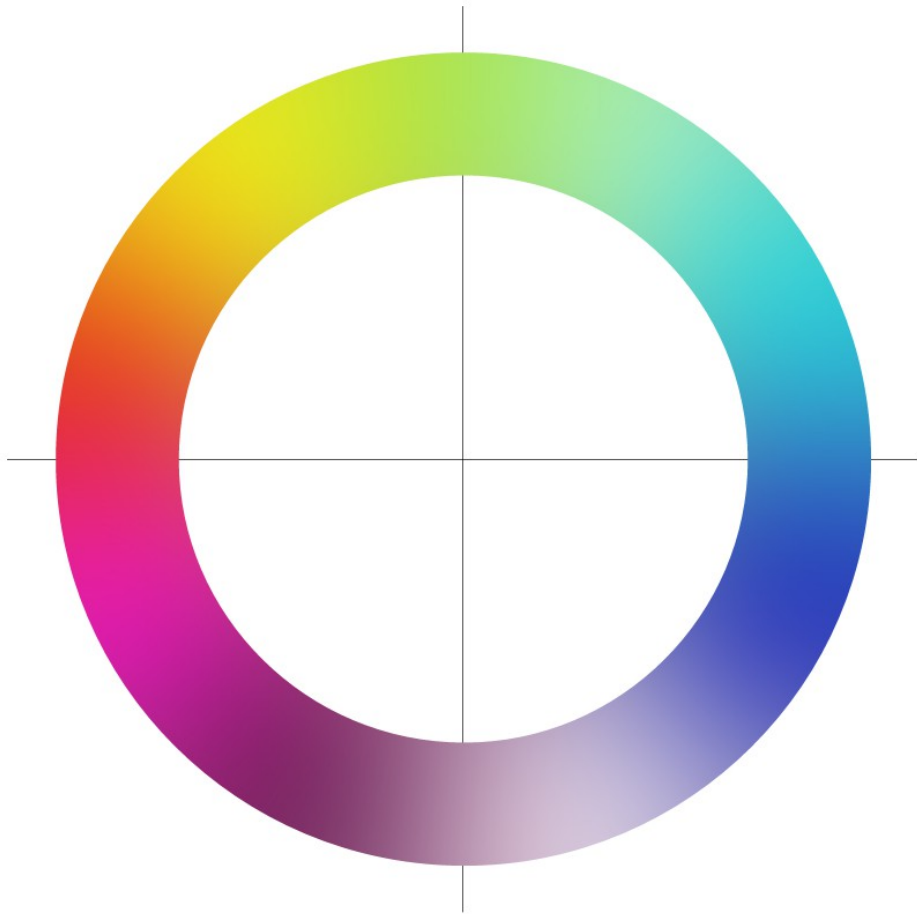
Good Luck!

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